# A級精神:同心·同行

"A" Class Spirit: Walking Hand-in-Hand Together



追求團隊精神是人類的共同目標,上班一族渴望擁有Team Work的工作環境,學生也希望老師同學上下一心, 擁有愉快的校園生活。

「如果再揀多次,我仍然會報讀HKUE。」Cindy 興奮的說,「有老師及同學跟我一起努力及奮鬥,真的很開心!」 當年同心同行的學習精神,提醒現於港鐵任職客戶快速應變主任的Cindy,要時刻把市民需要看成自己需要,貢獻社會。

It is a human nature for people to pursue happiness. At work, we look for a good team-work environment; at school, we look for a happy school life.

"The days at HKUE were so happy! If I could choose again, HKUE would still be my first choice, because I had teachers and classmates as my companions." Cindy said excitedly. Cindy is now working in MTR as CS Rapid Response Unit Officer, who always treats customers' needs like her own needs, contributing herself to the society.

## 與同學同行的「Cindy媽」

Cindy是酒店管理及旅遊課程的畢業生,讀書時她的別號是「Cindy媽」,「我做功課比較快,於是有時間去教導同學,加上我比較懂得照顧別人,他們就叫我『Cindy媽』。」

「班上雖然有二十多人,但我們沒有小圈子。所有活動都會邀請全班出席,他們會來我家BBQ、吃盆菜,當有同學未能參與,我們會『逼供』追問原因,鼓勵他們出席。」「Cindy媽」堅持要鼓勵同學參加活動,不能忽視離群的同學。

澳洲遊學更為他們帶來不一樣的團結,「在澳洲遊學時,我們需要在澳洲老師面前Present。前一個晚上,我們所有同學在旅館內一起研究題目,也沒想到我們其實是競爭對手。大家都樂意把自己的想法跟其他同學分享,希望大家都能夠順利畢業。」

### 老師與我同心同行

在HKUE,老師的角色不是傳統「嚴父、嚴母」,而是學生的「同行者」,「學校舉辦籃球比賽,老師一定親臨為我們打氣!不用上課的日子,老師會抽空與我們溫習功課。我們課餘舉辦活動,也會邀請他們。」

「老師曾對我們說,將來工作,特別是服務業,總會俾人鬧。出來 工作後,都試過被鬧到喊。現於港鐵工作,作為快速應變主任,即 使遇上不禮貌的對待,當想起老師的教晦,我都可以笑著面對。」

過往有老師同行的時光,培育了Cindy今天的同理心,「如在月台內遇上失明人士,我會攙扶他們到地面搭車,曾經有個途人讚我『你好有心』。有次一位女乘客在月台上感到不適,是女性周期的問題,我便買了止痛藥及安排暖水給她,她非常感激我。我常提醒自己要跟乘客同心同行,讓香港每天也多一分溫暖!」

HKUE的全民教育,讓老師與同學們一起在學習的過程中「同行」, 讓他們「同心」一致面對困難,Cindy畢業後更把此「A級精神」放 在心中,為大眾服務,實在難能可貴!





喜歡參加不同活動的Cindy,下班後會與 同事一起行山、學烹飪。 Cindy likes to participate in different activities. She goes hiking and learns cooking with colleagues after work.

#### Cindy Mama walking hand-in-hand with Classmates

Cindy graduated from HKUE's Hospitality and Tourism Programme and her nickname was "Cindy Mama" at school. "They called me Cindy Mama because I was usually the first one to finish the assignments and I am good at taking care of the others"

"We had approximately twenty people in the class, and we always hung out together. Classmates would come to my place for barbecue or 'Poon Choi'. If any one of them couldn't attend our gatherings, we would "Find out" the reason and encourage them to attend." Cindy Mama insisted on ensuring that no one was being outcast.

"We were required to present in front of the teachers and the class during the tour to Australia. Without thinking that we were actually competing with each other, we still discussed and shared our thoughts the night before the presentation in the hotel room. We just hoped that everyone could get a pass in the presentation." This trip has furthered strengthened their relationship.

#### Teachers walking hand-in-hand with Students

Teachers, unlike the traditional solemn type of teachers, are students' companions who walk into their lives. "Teachers cheered our team in the inter-class basketball competition, and studied with us on Saturdays. We also invited them to join our gatherings too."

"Teacher told us that it is very normal to be scolded by customers in the service industry. At first, I still felt insulted and I cried for a few times. Working in the MTR as a CS Rapid Response Unit Officer, I still use teacher's words to encourage myself and I can face troubled customers with smiles today."

The "Together" spirit of HKUE has nurtured Cindy to be a person with empathy. "I always remind myself to behave like a companion to the passengers. One time, I was praised by passengers because I led a blind man to the platform. There was also another time that I saw a lady who was not feeling well because of abdominal pain. I then brought her a pack of Panadol and a glass of warm water, and she was very grateful."

Supportive teachers and selfless classmates, who were uniting to assist each other, created an "A" class spirit, and Cindy is now spreading this spirit to the society, which is highly commendable!



熱心的Cindy曾協助港鐵拍攝宣傳海報。 Cindy was involved in the promotion of the MTR.